

**SAFE WATERS FAMILY THERAPY  
ADULT INTAKE FORM**

Date: \_\_\_\_\_

Client's Name: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ OK to leave message? Yes No

Cell Phone: \_\_\_\_\_ OK to leave message? Yes No

OK to text? Yes No

Preferred method of contact (circle one)? Cell phone Home phone

Emergency Contact Person: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

OK to contact this person in emergency? Yes No

Family members to be involved in therapy (if couples therapy or family therapy, please list names of all)?

Spouse/Partner: \_\_\_\_\_ Age: \_\_\_\_\_

Child: \_\_\_\_\_ Age: \_\_\_\_\_

Child: \_\_\_\_\_ Age: \_\_\_\_\_

Child: \_\_\_\_\_ Age: \_\_\_\_\_

Child: \_\_\_\_\_ Age: \_\_\_\_\_

Have you had any previous therapy before? Yes No

When? \_\_\_\_\_ With whom? \_\_\_\_\_

Who referred you here? \_\_\_\_\_

**SAFE WATERS FAMILY THERAPY  
ADULT INTAKE FORM**

Presenting Problems:

---

---

---

---

---

---

---

---

---

---

Are you currently on any psychotropic medications?    Yes    No                    If so, please list name and dosage:

---

---

---

Do you have any previous or current mental health diagnoses?    Yes    No                    If so, please list them and when diagnosed:

---

---

---

*The following questions pertain to thoughts of self-harm, harming others, abuse, and legal issues. Your intake therapist will follow up with these questions. No explanation is required at this time.*

Are you currently having any thoughts of harming yourself?	Yes	No	Or others?	Yes	No
Do you have any previous history of thoughts of harming yourself?	Yes	No	Or others?	Yes	No
Are you currently experiencing any physical abuse?	Yes	No	In the past?	Yes	No
Are you currently experiencing any verbal/emotional abuse?	Yes	No	In the past?	Yes	No
Are you currently experiencing any sexual abuse?	Yes	No	In the past?	Yes	No
Any current CPS or APS involvement?	Yes	No	In the past?	Yes	No
Any current or pending legal issues?	Yes	No	In the past?	Yes	No